



**Midlands Partnership**  
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*A Keele University Teaching Trust*

# Mental Health Developments

Utkar Jheeta - Head of Mental Health Transformation (MPFT)

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Agenda Item 5



mpftnhs



@mpftnhs

# Current Configuration of Adult MH Services

# Services Delivered



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## Adult Mental Health Community

Adult Community Mental Health

IAPT

Dudley Memory Team

Dementia & Memory Service

Core 24 (Burton Hospital)

Adult Liaison Psychiatry

Mental Health Crisis Service

Dementia Liaison Team

Access

Specialist MH support into Prisons & joint working with LAs

## Adult In-Patient Services

Adult Acute Mental Health In-Patient

Older Adult Mental Health In-Patients

Dementia In-Patient Wards

MOD Beds

PICU

136 Suite

## Social Care

Hospital Discharge Teams (discharge pathway)

Adult Mental Health Section 75 Agreement (Staffordshire)

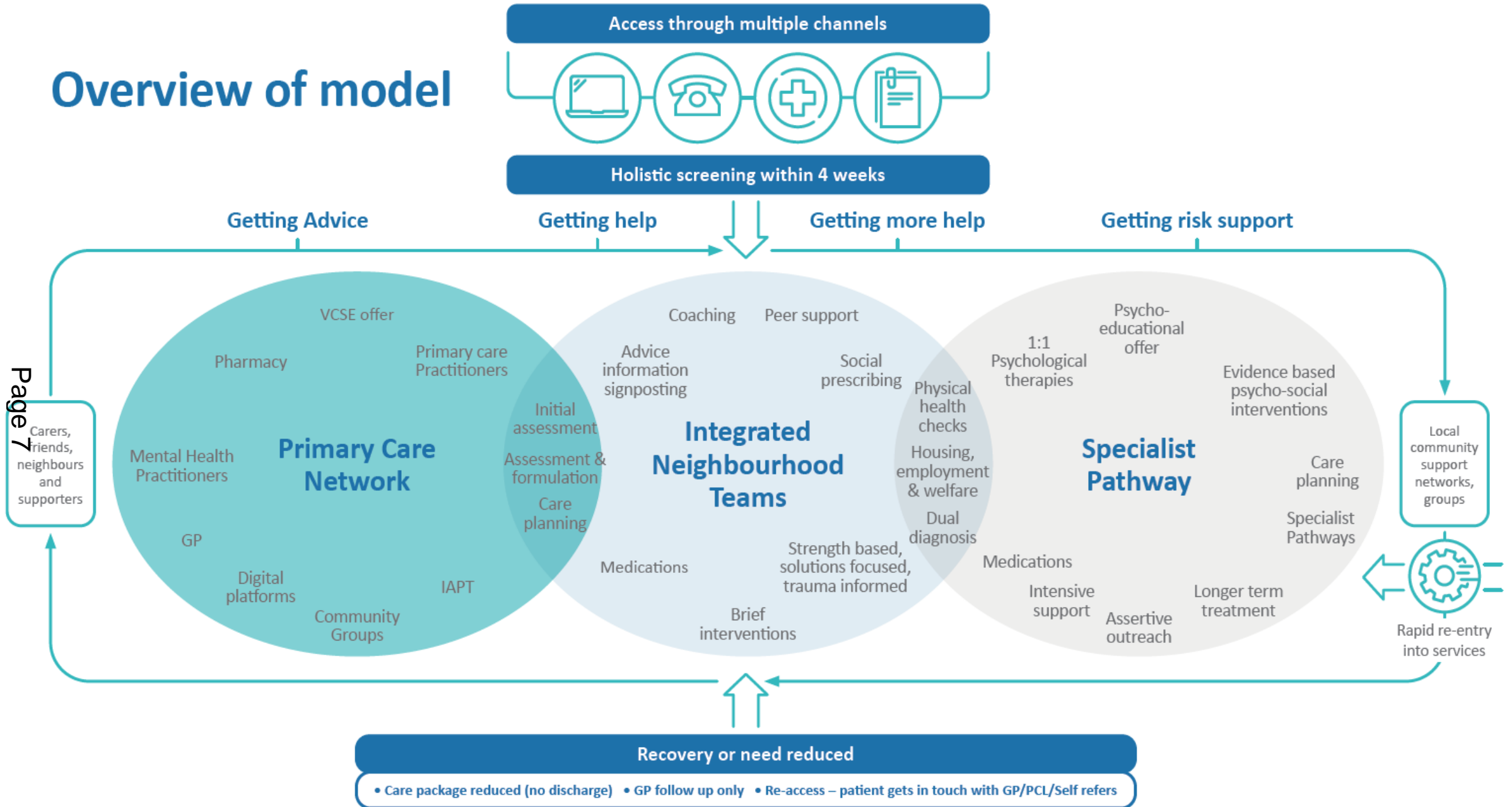
Community Managed Libraries

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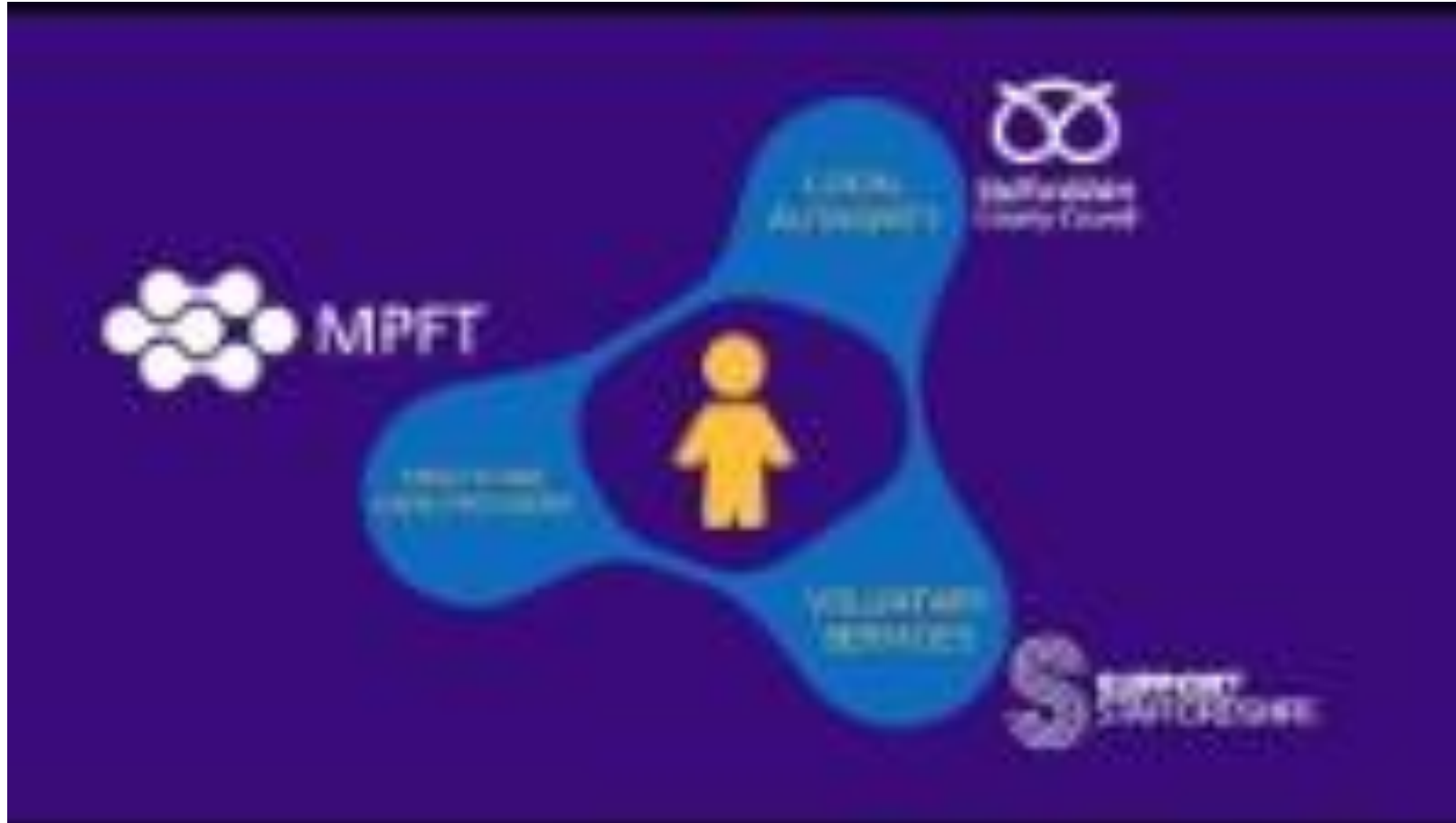
# Community Mental Health Framework

# Overview of model



# Meet our Partner Providers

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# Crisis Alternatives



# Safe Haven

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A place for hope when there's distress

 **Mind** Burton and District



# Safe Hands

Out of Hours Mental Health Support



# Crisis House



Richmond Fellowship is now part of **Recovery Focus**,  
an expert group of charities inspiring individual recovery nationwide.



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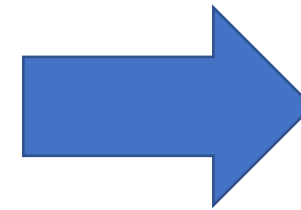
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# Core 24

# Core 24

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**Mental health teams in all A&Es by 2021**  
with Core 24 standard teams in 50% of acute hospitals by 2021

## Progress to date

- Recruitment in line with establishment and Core 24 principles
- Accommodation

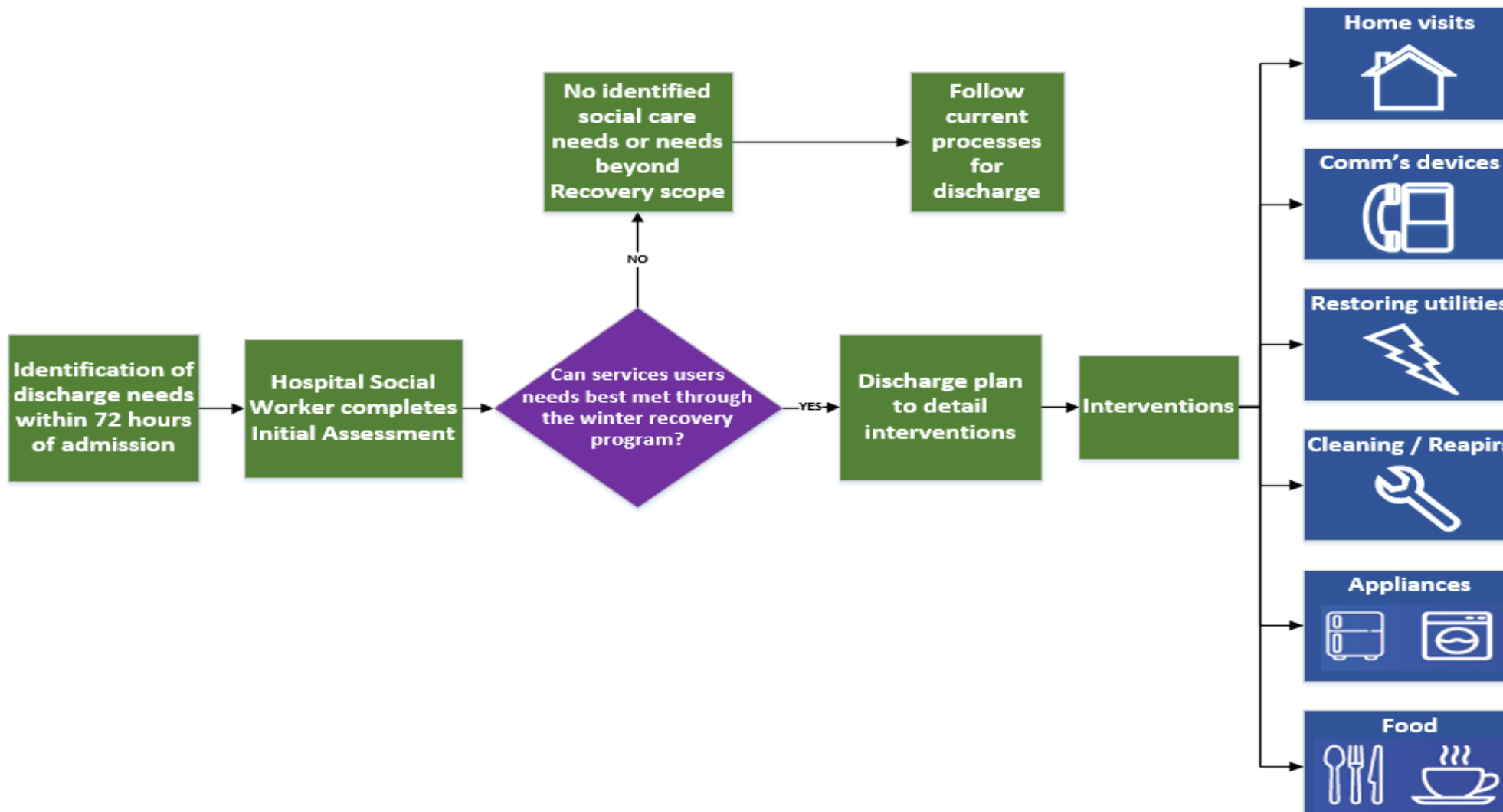
## Next steps

- CQUINN – Biopsychosocial assessments
- Suicide prevention
- Self-harm pathway
- Integrated working practices

# Winter Discharge & Hospital Avoidance

# Winter Discharge Pathway

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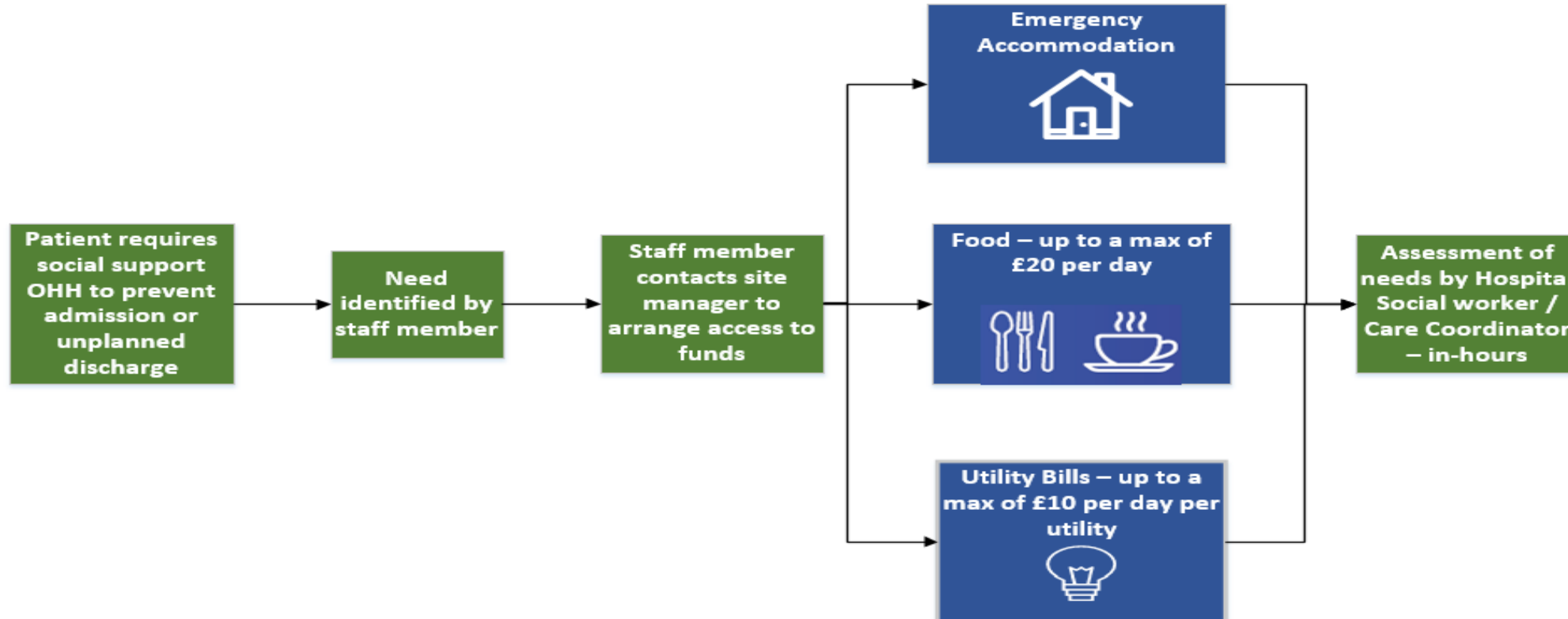


# Winter Discharge Pathway



# Hospital Avoidance / Unplanned Discharge Pathway

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## Progress to date

- 145 patients supported (Jan 21 – Dec 21)
- Over 70,000 contacts
- DTOC - 2

## Next steps

- Impact on re-admissions
- Homelessness
- Out of hours home sitting service

# IAPT



# Staffordshire and Stoke-on-Trent Wellbeing Service (IAPT)

*Your choice of safe, convenient therapy – On-line, by phone or face-to-face*



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 Combined Healthcare**  
 NHS Trust



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# The Staffordshire & Stoke-on-Trent Wellbeing Service



## Integrating Healthcare Provision for Staffordshire



# Improving Access to Psychological Therapies (IAPT)

- National model for psychological therapies for anxiety and depression - based on NICE guidance and the IAPT Best Practice Manual
- <https://www.england.nhs.uk/publication/the-improving-access-to-psychological-therapies-manual/>
- Contact us on **0300 303 0923** – dedicated self referral line for IAPT in Staffordshire and Stoke on Trent (prefer patients to self refer)
- [srpeast@mpft.nhs.uk](mailto:srpeast@mpft.nhs.uk) for email referrals – patients will receive three calls from us in 7 days with a message left asking them to contact us

## Progress to date

- IAPT performance trajectories have seen a marked improvement
- Positive feedback from Region on the quality and performance
- National media campaign - <https://www.youtube.com/watch?v=QGWFHe9ccHA>

## Next steps

- KOMP - focus on older adults
- Complex Trauma Leads – bridging gap between primary and secondary care
- Increasing the range of psychological interventions offered by secondary care services

# Additional MH developments

- ADHD prescribing
- Short term home stay
- Dementia reviews
- Assertive outreach for SMI physical health checks

